

Deposits & Account Info:  
www.sendmoneytoschool.com



Menus are subject to change.

Week 1		Middle School				
		Monday	Tuesday	Wednesday	Thursday	Friday
<b>Main Attraction</b>	Pizzeria Pizza (31g)	Grilled Cheese (31g)	French Toast Sticks (28g)	Breaded Chicken Drumstick (5g)	Beef Taco Stick (32g)	
	Savory Green Beans (3g)	Seasoned Corn (15g)	(2) Sausage (0g)	Steamed Carrots (6g)	Steamed Broccoli (5g)	
			Tri-Taters Hash Browns (16g)	Dinner Roll (17g)		
<b>Signature Selections</b>	Bean & Cheese Burrito (41g)	Bean & Cheese Burrito (41g)	Bean & Cheese Burrito (41g)	Bean & Cheese Burrito (41g)	Bean & Cheese Burrito (41g)	
	Bosco Breadsticks (34g)	Bosco Breadsticks (34g)	Bosco Breadsticks (34g)	Bosco Breadsticks (34g)	Bosco Breadsticks (34g)	
	Cheeseburger (29g)	Deep Dish Cheese Pizza (26g)	Cheeseburger (29g)	Deep Dish Cheese Pizza (26g)	Cheeseburger (29g)	
	Chicken Patty Sandwich (44g)	Chicken Patty Sandwich (44g)	Chicken Patty Sandwich (44g)	Chicken Patty Sandwich (44g)	Chicken Patty Sandwich (44g)	
	Spicy Chicken Patty Sandwich (45g)	Spicy Chicken Patty Sandwich (45g)	Spicy Chicken Patty Sandwich (45g)	Spicy Chicken Patty Sandwich (45g)	Spicy Chicken Patty Sandwich (45g)	
<b>Fresh Market</b>	Chicken Caesar Salad (10g)	Taco Salad (15g)	Chicken Caesar Salad (10g)	Taco Salad (15g)	Chicken Caesar Salad (10g)	
	Garden Salad (7g)	Garden Salad (7g)	Garden Salad (7g)	Garden Salad (7g)	Garden Salad (7g)	
	Popcorn Chicken Salad (18g)	Popcorn Chicken Salad (18g)	Popcorn Chicken Salad (18g)	Popcorn Chicken Salad (18g)	Popcorn Chicken Salad (18g)	
	PB & J Sandwich (69g)	PB & J Sandwich (69g)	PB & J Sandwich (69g)	PB & J Sandwich (69g)	PB & J Sandwich (69g)	
	Turkey & Cheese Sub (33g)	Turkey & Cheese Sub (33g)	Turkey & Cheese Sub (33g)	Turkey & Cheese Sub (33g)	Turkey & Cheese Sub (33g)	
<b>Daily Add'l Salad Side Items</b>	Cheddar Goldfish Crackers (14g) & Dinner Roll (17g)					
<b>Healthy Zone</b>	Baby Carrots (7g)	Baby Carrots (7g)	Baby Carrots (7g)	Baby Carrots (7g)	Baby Carrots (7g)	
	Mixed Berry Cup (20g)	Apple Slices (7g)	Strawberry Cup (22g)	Applesauce (14g)	Apple Slices (7g)	
	Apple (22g)	Apple (22g)	Apple (22g)	Apple (22g)	Apple (22g)	

<p>Your lunch choices includes: An entrée with protein &amp; whole grains, vegetable side dishes, fruit side dishes, and a variety of milk.</p> <p>This institution is an equal opportunity provider.</p> <p>Any questions contact the Food Service Department at (248) 682-0394 or Samantha Mozdierz, MSA, RDN SNS at mozdzs01@wsdmi.org</p>	<p style="text-align: center;"><b><u>Free and Reduced Applications</u></b></p> <p>Only one application per family is needed even if your children go to different schools.</p> <p style="text-align: center;"><u>ALL</u> household members <b>MUST</b> be included on the application.</p> <p>When submitting an application, parents <b>WILL BE CHARGED</b> for meals until the process is complete. (This could take several weeks)</p> <p style="text-align: center;"><b>APPLY AT: WWW.LUNCHAPP.COM</b> TO GREATLY SHORTEN PROCESSING TIME</p>
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Week 2

## Middle School

	Monday	Tuesday	Wednesday	Thursday	Friday
<b>Main Attraction</b>	Pizzeria Pizza (31g)	Walking Taco (38)	Sloppy Joe (48g)	Mini Corn Dogs (34g)	Chicken & Waffles (59g)
	Savory Green Beans (3g)	Seasoned Corn (15g)	Tater Tots (16g)	Steamed Carrots (6g)	Seasoned Wedges (18g)

<b>Signature Selections</b>	Bean & Cheese Burrito (41g)	Bean & Cheese Burrito (41g)	Bean & Cheese Burrito (41g)	Bean & Cheese Burrito (41g)	Bean & Cheese Burrito (41g)
	Bosco Breadsticks (34g)	Bosco Breadsticks (34g)	Bosco Breadsticks (34g)	Bosco Breadsticks (34g)	Bosco Breadsticks (34g)
	Cheeseburger (29g)	Deep Dish Cheese Pizza (26g)	Cheeseburger (29g)	Deep Dish Cheese Pizza (26g)	Cheeseburger (29g)
	Chicken Patty Sandwich (44g)	Chicken Patty Sandwich (44g)	Chicken Patty Sandwich (44g)	Chicken Patty Sandwich (44g)	Chicken Patty Sandwich (44g)
	Spicy Chicken Patty Sandwich (45g)	Spicy Chicken Patty Sandwich (45g)	Spicy Chicken Patty Sandwich (45g)	Spicy Chicken Patty Sandwich (45g)	Spicy Chicken Patty Sandwich (45g)

<b>Fresh Market</b>	Chicken Caesar Salad (10g)	Taco Salad (15g)	Chicken Caesar Salad (10g)	Taco Salad (15g)	Chicken Caesar Salad (10g)
	Garden Salad (7g)	Garden Salad (7g)	Garden Salad (7g)	Garden Salad (7g)	Garden Salad (7g)
	Popcorn Chicken Salad (18g)	Popcorn Chicken Salad (18g)	Popcorn Chicken Salad (18g)	Popcorn Chicken Salad (18g)	Popcorn Chicken Salad (18g)
	PB & J Sandwich (69g)	PB & J Sandwich (69g)	PB & J Sandwich (69g)	PB & J Sandwich (69g)	PB & J Sandwich (69g)
	Turkey & Cheese Sub (33g)	Turkey & Cheese Sub (33g)	Turkey & Cheese Sub (33g)	Turkey & Cheese Sub (33g)	Turkey & Cheese Sub (33g)

<b>Daily Add'l Salad Side Items</b>	Cheddar Goldfish Crackers (14g) & Dinner Roll (17g)				
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<b>Healthy Zone</b>	Baby Carrots (7g)	Baby Carrots (7g)	Baby Carrots (7g)	Baby Carrots (7g)	Baby Carrots (7g)
	Mixed Berry Cup (20g)	Apple Slices (7g)	Strawberry Cup (22g)	Applesauce (14g)	Apple Slices (7g)
	Apple (22g)	Apple (22g)	Apple (22g)	Apple (22g)	Apple (22g)

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### Free and Reduced Applications

Only one application per family is needed even if your children go to different schools.

ALL household members **MUST** be included on the application.

When submitting an application, parents **WILL BE CHARGED** for meals until the process is complete.

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Week 3

## Middle School

	Monday	Tuesday	Wednesday	Thursday	Friday
<b>Main Attraction</b>	Pizzeria Pizza (31g)	Cheese Quesadilla (40g)	Popcorn Chicken (20g)	Macaroni & Cheese (32g)	Chili Dog (30g)
	Savory Green Beans (3g)	Steamed Carrots (6g)	Mashed Potatoes w/Gravy (17g)	Steamed Broccoli (4g)	Seasoned Wedges (18g)
			Dinner Roll (17g)	Dinner Roll (17g)	
<b>Signature Selections</b>	Bean & Cheese Burrito (41g)	Bean & Cheese Burrito (41g)	Bean & Cheese Burrito (41g)	Bean & Cheese Burrito (41g)	Bean & Cheese Burrito (41g)
	Bosco Breadsticks (34g)	Bosco Breadsticks (34g)	Bosco Breadsticks (34g)	Bosco Breadsticks (34g)	Bosco Breadsticks (34g)
	Cheeseburger (29g)	Deep Dish Cheese Pizza (26g)	Cheeseburger (29g)	Deep Dish Cheese Pizza (26g)	Cheeseburger (29g)
	Chicken Patty Sandwich (44g)	Chicken Patty Sandwich (44g)	Chicken Patty Sandwich (44g)	Chicken Patty Sandwich (44g)	Chicken Patty Sandwich (44g)
	Spicy Chicken Patty Sandwich (45g)	Spicy Chicken Patty Sandwich (45g)	Spicy Chicken Patty Sandwich (45g)	Spicy Chicken Patty Sandwich (45g)	Spicy Chicken Patty Sandwich (45g)
<b>Fresh Market</b>	Chicken Caesar Salad (10g)	Taco Salad (15g)	Chicken Caesar Salad (10g)	Taco Salad (15g)	Chicken Caesar Salad (10g)
	Garden Salad (7g)	Garden Salad (7g)	Garden Salad (7g)	Garden Salad (7g)	Garden Salad (7g)
	Popcorn Chicken Salad (18g)	Popcorn Chicken Salad (18g)	Popcorn Chicken Salad (18g)	Popcorn Chicken Salad (18g)	Popcorn Chicken Salad (18g)
	PB & J Sandwich (69g)	PB & J Sandwich (69g)	PB & J Sandwich (69g)	PB & J Sandwich (69g)	PB & J Sandwich (69g)
	Turkey & Cheese Sub (33g)	Turkey & Cheese Sub (33g)	Turkey & Cheese Sub (33g)	Turkey & Cheese Sub (33g)	Turkey & Cheese Sub (33g)
<b>Daily Add'l Salad Side Items</b>	Cheddar Goldfish Crackers (14g) & Dinner Roll (17g)				
<b>Healthy Zone</b>	Baby Carrots (7g)	Baby Carrots (7g)	Baby Carrots (7g)	Baby Carrots (7g)	Baby Carrots (7g)
	Mixed Berry Cup (20g)	Apple Slices (7g)	Strawberry Cup (22g)	Applesauce (14g)	Apple Slices (7g)
	Apple (22g)	Apple (22g)	Apple (22g)	Apple (22g)	Apple (22g)

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