



Week 1		High School				
		Monday	Tuesday	Wednesday	Thursday	Friday
<b>Main Attraction</b>	Beef Taco Stick (32g)	Grilled Cheese (31g)	French Toast Sticks (28g)	Breaded Chicken Drumstick (5g)	Pizzeria Pizza (31g)	
	Steamed Broccoli (5g)	Seasoned Corn (15g)	(2) Sausage (0g)	Steamed Carrots (6g)	Savory Green Beans (3g)	
			Tri-Taters Hash Browns (16g)	Dinner Roll (17g)		
<b>Signature Selections</b>	Bean & Cheese Burrito (41g)	Bean & Cheese Burrito (41g)	Bean & Cheese Burrito (41g)	Bean & Cheese Burrito (41g)	Bean & Cheese Burrito (41g)	
	Bosco Breadsticks (34g)	Bosco Breadsticks (34g)	Bosco Breadsticks (34g)	Bosco Breadsticks (34g)	Bosco Breadsticks (34g)	
	Cheeseburger (29g)	Deep Dish Cheese Pizza (26g)	Cheeseburger (29g)	Deep Dish Cheese Pizza (26g)	Cheeseburger (29g)	
	Chicken Patty Sandwich (44g)	Chicken Patty Sandwich (44g)	Chicken Patty Sandwich (44g)	Chicken Patty Sandwich (44g)	Chicken Patty Sandwich (44g)	
	Spicy Chicken Patty Sandwich (45g)	Spicy Chicken Patty Sandwich (45g)	Spicy Chicken Patty Sandwich (45g)	Spicy Chicken Patty Sandwich (45g)	Spicy Chicken Patty Sandwich (45g)	
<b>Fresh Market</b>	Chicken Caesar Salad (10g)	Taco Salad (15g)	Chicken Caesar Salad (10g)	Taco Salad (15g)	Chicken Caesar Salad (10g)	
	Garden Salad (7g)	Garden Salad (7g)	Garden Salad (7g)	Garden Salad (7g)	Garden Salad (7g)	
	Popcorn Chicken Salad (18g)	Popcorn Chicken Salad (18g)	Popcorn Chicken Salad (18g)	Popcorn Chicken Salad (18g)	Popcorn Chicken Salad (18g)	
	PB & J Sandwich (69g)	PB & J Sandwich (69g)	PB & J Sandwich (69g)	PB & J Sandwich (69g)	PB & J Sandwich (69g)	
	Turkey & Cheese Sub (33g)	Turkey & Cheese Sub (33g)	Turkey & Cheese Sub (33g)	Turkey & Cheese Sub (33g)	Turkey & Cheese Sub (33g)	
<b>Daily Add'l Salad Side Items</b>	Cheddar Goldfish Crackers (14g) & Dinner Roll (17g)					
<b>Healthy Zone</b>	Baby Carrots (7g)	Baby Carrots (7g)	Baby Carrots (7g)	Baby Carrots (7g)	Baby Carrots (7g)	
	Mixed Berry Cup (20g) Apple (22g)	Apple Slices (7g) Apple (22g)	Strawberry Cup (22g) Apple (22g)	Applesauce (14g) Apple (22g)	Apple Slices (7g) Apple (22g)	

Your lunch choices includes: An entrée with protein & whole grains, vegetable side dishes, fruit side dishes, and a variety of milk.

This institution is an equal opportunity provider.

Any questions contact the Food Service Department at (248) 682-0394 or Samantha Mozdierz, MSA, RDN SNS at mozdzs01@wsdmi.org

### Free and Reduced Applications

Only one application per family is needed even if your children go to different schools.

ALL household members **MUST** be included on the application.

When submitting an application, parents **WILL BE CHARGED** for meals until the process is complete.

(This could take several weeks)

**APPLY AT: WWW.LUNCHAPP.COM**  
TO GREATLY SHORTEN PROCESSING TIME

Deposits & Account Info:  
www.sendmoneytoschool.com



Menus are subject to change.

Week 2		High School				
		Monday	Tuesday	Wednesday	Thursday	Friday
<b>Main Attraction</b>	Chicken & Waffles (59g)	Walking Taco (38)	Sloppy Joe (48g)	Mini Corn Dogs (34g)	Pizzeria Pizza (31g)	
	Seasoned Wedges (18g)	Seasoned Corn (15g)	Tater Tots (16g)	Steamed Carrots (6g)	Savory Green Beans (3g)	
<b>Signature Selections</b>	Bean & Cheese Burrito (41g)	Bean & Cheese Burrito (41g)	Bean & Cheese Burrito (41g)	Bean & Cheese Burrito (41g)	Bean & Cheese Burrito (41g)	
	Bosco Breadsticks (34g)	Bosco Breadsticks (34g)	Bosco Breadsticks (34g)	Bosco Breadsticks (34g)	Bosco Breadsticks (34g)	
	Cheeseburger (29g)	Deep Dish Cheese Pizza (26g)	Cheeseburger (29g)	Deep Dish Cheese Pizza (26g)	Cheeseburger (29g)	
	Chicken Patty Sandwich (44g)	Chicken Patty Sandwich (44g)	Chicken Patty Sandwich (44g)	Chicken Patty Sandwich (44g)	Chicken Patty Sandwich (44g)	
	Spicy Chicken Patty Sandwich (45g)	Spicy Chicken Patty Sandwich (45g)	Spicy Chicken Patty Sandwich (45g)	Spicy Chicken Patty Sandwich (45g)	Spicy Chicken Patty Sandwich (45g)	
<b>Fresh Market</b>	Chicken Caesar Salad (10q)	Taco Salad (15g)	Chicken Caesar Salad (10q)	Taco Salad (15g)	Chicken Caesar Salad (10q)	
	Garden Salad (7g)	Garden Salad (7g)	Garden Salad (7g)	Garden Salad (7g)	Garden Salad (7g)	
	Popcorn Chicken Salad (18g)	Popcorn Chicken Salad (18g)	Popcorn Chicken Salad (18g)	Popcorn Chicken Salad (18g)	Popcorn Chicken Salad (18g)	
	PB & J Sandwich (69g)	PB & J Sandwich (69g)	PB & J Sandwich (69g)	PB & J Sandwich (69g)	PB & J Sandwich (69g)	
	Turkey & Cheese Sub (33g)	Turkey & Cheese Sub (33g)	Turkey & Cheese Sub (33g)	Turkey & Cheese Sub (33g)	Turkey & Cheese Sub (33g)	
<b>Daily Add'l Salad Side Items</b>	Cheddar Goldfish Crackers (14g) & Dinner Roll (17g)					
<b>Healthy Zone</b>	Baby Carrots (7g)	Baby Carrots (7g)	Baby Carrots (7g)	Baby Carrots (7g)	Baby Carrots (7g)	
	Mixed Berry Cup (20g)	Apple Slices (7g)	Strawberry Cup (22g)	Applesauce (14g)	Apple Slices (7g)	
	Apple (22g)	Apple (22g)	Apple (22g)	Apple (22g)	Apple (22g)	

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Week 3		High School				
		Monday	Tuesday	Wednesday	Thursday	Friday
<b>Main Attraction</b>	Chili Dog (30g)	Cheese Quesadilla (40g)	Popcorn Chicken (20g)	Macaroni & Cheese (32g)	Pizzeria Pizza (31g)	
	Seasoned Wedges (18g)	Steamed Carrots (6g)	Mashed Potatoes w/Gravy (17g)	Steamed Broccoli (4g)	Savory Green Beans (3g)	
			Dinner Roll (17g)	Dinner Roll (17g)		
<b>Signature Selections</b>	Bean & Cheese Burrito (41g)	Bean & Cheese Burrito (41g)	Bean & Cheese Burrito (41g)	Bean & Cheese Burrito (41g)	Bean & Cheese Burrito (41g)	
	Bosco Breadsticks (34g)	Bosco Breadsticks (34g)	Bosco Breadsticks (34g)	Bosco Breadsticks (34g)	Bosco Breadsticks (34g)	
	Cheeseburger (29g)	Deep Dish Cheese Pizza (26g)	Cheeseburger (29g)	Deep Dish Cheese Pizza (26g)	Cheeseburger (29g)	
	Chicken Patty Sandwich (44g)	Chicken Patty Sandwich (44g)	Chicken Patty Sandwich (44g)	Chicken Patty Sandwich (44g)	Chicken Patty Sandwich (44g)	
	Spicy Chicken Patty Sandwich (45g)	Spicy Chicken Patty Sandwich (45g)	Spicy Chicken Patty Sandwich (45g)	Spicy Chicken Patty Sandwich (45g)	Spicy Chicken Patty Sandwich (45g)	
<b>Fresh Market</b>	Chicken Caesar Salad (10g)	Taco Salad (15g)	Chicken Caesar Salad (10g)	Taco Salad (15g)	Chicken Caesar Salad (10g)	
	Garden Salad (7g)	Garden Salad (7g)	Garden Salad (7g)	Garden Salad (7g)	Garden Salad (7g)	
	Popcorn Chicken Salad (18g)	Popcorn Chicken Salad (18g)	Popcorn Chicken Salad (18g)	Popcorn Chicken Salad (18g)	Popcorn Chicken Salad (18g)	
	PB & J Sandwich (69g)	PB & J Sandwich (69g)	PB & J Sandwich (69g)	PB & J Sandwich (69g)	PB & J Sandwich (69g)	
	Turkey & Cheese Sub (33g)	Turkey & Cheese Sub (33g)	Turkey & Cheese Sub (33g)	Turkey & Cheese Sub (33g)	Turkey & Cheese Sub (33g)	
<b>Daily Add'l Salad Side Items</b>	Cheddar Goldfish Crackers (14g) & Dinner Roll (17g)					
<b>Healthy Zone</b>	Baby Carrots (7g)	Baby Carrots (7g)	Baby Carrots (7g)	Baby Carrots (7g)	Baby Carrots (7g)	
	Mixed Berry Cup (20g)	Apple Slices (7g)	Strawberry Cup (22g)	Applesauce (14g)	Apple Slices (7g)	
	Apple (22g)	Apple (22g)	Apple (22g)	Apple (22g)	Apple (22g)	

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