



Lunch Room Elementary Menu

Week 1

Monday	Tuesday	Wednesday	Thursday	Friday
Hot Dog (26g)	Beef Taco Stick (32g)	Grilled Cheese (31g)	Popcorn Chicken (20g)	Pizzeria Pizza (31g)
Sides	Sides	Sides	Sides	Sides
Emoji Potatoes (18g) Strawberry Cup (22g) Milk (see below)	Seasoned Corn (15g) Chilled Peaches (14g) Milk (see below)	Savory Green Beans (3g) Apple (22g) Milk (see below)	Tater Tots (16g) Chilled Pears (16g) Milk (see below)	Baby Carrots (7g) Chilled Fruit Mix (17g) Milk (see below)
BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST
Cinnamon Pop Tart (76g) Raisins (30g) Milk (see below)	Cheerios Cereal Bar (30g) Apple (22g) Milk (see below)	Crunchmania Cinn Buns (37g) Grape Juicy Juice (16g) Milk (see below)	Birthday Grahamz (21g) Fruit Punch Juicy Juice (15g) Milk (see below)	Chocolate Chip Benefit Bar (47g) Apple Juicy Juice (15g) Milk (see below)

Week 2

Monday	Tuesday	Wednesday	Thursday	Friday
Chicken Patty Sandwich (44g)	Deep Dish Cheese Pizza (26g)	Mini Maple Pancakes (35g) & Cheese Stick (2g)	Chicken Nuggets (16g)	Pizzeria Pizza (31g)
Sides	Sides	Sides	Sides	Sides
Seasoned Corn (15g) Apple (22g) Milk (see below)	Savory Green Beans (3g) Chilled Pears (16g) Milk (see below)	Tri-Tater Hash Browns (16g) Strawberry Cup (22g) Milk (see below)	Tater Tots (16g) Apple (22g) Milk (see below)	Steamed Carrots (6g) Applesauce (14g) Milk (see below)
BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST
Banana Bread (44g) Raisins (30g) Milk (see below)	Birthday Grahamz (21g) Orange Juicy Juice (17g) Milk (see below)	Cheerios Cereal Bar (30g) Grape Juicy Juice (16g) Milk (see below)	Fudge Pop Tart (76g) Fruit Punch Juicy Juice (15g) Milk (see below)	Crunchmania Cinn Buns (37g) Apple Juicy Juice (15g) Milk (see below)

Week 3

Monday	Tuesday	Wednesday	Thursday	Friday
Chicken Tenders (16g)	Bosco Breadsticks (34g) w/ Marinara Sauce (7g)	Cheeseburger (29g)	Mini Corn Dogs (24g)	Pizzeria Pizza (31g)
Sides	Sides	Sides	Sides	Sides
Tater Tots (16g) Strawberry Banana Applesauce (14g) Milk (see below)	Savory Green Beans (3g) Strawberry Cup (22g) Milk (see below)	Seasoned Corn (15g) Apple (22g) Milk (see below)	Emoji Potatoes (18g) Fruit Slushie (22g) Milk (see below)	Baby Carrots (7g) Chilled Fruit Mix (17g) Milk (see below)
BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST	BREAKFAST
Birthday Grahamz (21g) Raisins (30g) Milk (see below)	Banana Bread (44g) Apple (22g) Milk (see below)	Cinnamon Pop Tart (76g) Grape Juicy Juice (16g) Milk (see below)	Cinnabar (45g) Fruit Punch Juicy Juice (15g) Milk (see below)	Cheerios Cereal Bar (30g) Apple Juicy Juice (15g) Milk (see below)

Second Choice Offered Daily

Wowbutter Sandwich (28g), Cheese Stick (2g)

BEVERAGES:	100% JUICE*	100% JUICE*	MILK	MILK
(*Juice is only served with breakfast; unless noted)	Apple (15g) Fruit Punch (15g)	Grape (16g) Orange (17g)	Chocolate 1% (24g) Strawberry 1% (22g)	White 1% (11g)

Your lunch choices includes: An entrée with protein & whole grains, vegetable side dishes, fruit side dishes, and a variety of milk.

This institution is an equal opportunity provider.

Any questions contact the Food Service Department at (248) 682-0394 or Samantha Mozdierz, MSA, RDN, SNS at mozdzs01@wsdmi.org

Free and Reduced Applications

Only one application per family is needed even if your children go to different schools.

ALL household members **MUST** be included on the application

When submitting an application, parents **WILL BE CHARGED** for meals until the process is complete.

(This could take several weeks)

APPLY AT: WWW.LUNCHAPP.COM
TO GREATLY SHORTEN PROCESSING TIME

Seasonal/Other Items	Cookie, Chocolate Chip (32g)
	Cookie, Double Chocolate (33g)